**Provisional Foundational Training in Teaching MBCT Course Dates 2018-19**

Dates below are provided as a guide only and may be subject to change.

**Term 1**  Monday 3 September 18

Tuesday 4 September 18

Tuesday 18 September 18

Tuesday 2 October 18

Tuesday 16 October 18

Tuesday 30 October 18

Tuesday 13 November 18

Tuesday 27 November 18

Tuesday 11 December 18

**Term 2** Tuesday 8 January 19

Tuesday 15 January 19

Thursday 24 January 19

Friday 25 January 19

Saturday 26 January 19

Sunday 27 January 19

Tuesday 5 February 19

Tuesday 12 February 19

Tuesday 26 Feb 19

Tuesday 5 March 19

Tuesday 19 March 19

Tuesday 2 April 19

**Term 3**  Tuesday 23 April 19

Tuesday 7 May 19

Tuesday 21 May 19

Tuesday 4 June 19

Tuesday 11 June 19

Tuesday 25 June 19

Tuesday 2 July 19