



## **Assessment of Competency to Teach MBCT - Applicant Consent Form**

I give my consent for the recordings of my teaching to be viewed by a member of the Oxford Mindfulness Centre's assessor team. I understand that the recordings will not be viewed by anyone other than the assessor and administrator of the programme, that the original recordings will be returned to me or destroyed, and that any securely shared files will be deleted after use.

I confirm that all the participants in the recorded MBCT course gave their consent ☐

Signed:

Date:

### **Additional consent (optional)**

I give my consent for the recordings of my teaching to be securely filed by the Oxford Mindfulness Centre and used for training new assessors. In this case the recordings will be viewed only by Oxford Mindfulness Centre assessors and those on a recognised training in competency assessment. The recordings will be stored securely and used with sensitivity and confidentiality.

I confirm that all the participants in the recorded MBCT course have given additional consent ☐

Signed:

Date: