

MBCT Bursary Scheme

We wish to offer a number of places at the OMC Summer School 2019 through a competitive application, review and selection process. These funded places are for people who can demonstrate that they will use the Summer School experience to widen access and participation of MBCT with a particular intention to widen access in underrepresented areas of society.

All applications will be evaluated on the following criteria:

- 1. Can demonstrate commitment to widening access to MBCT, ideally evidenced with a track record.
- 2. Is in a position to offer MBCT to populations and in contexts where there are barriers to access. For example: in areas of deprivation or specialist groups with limited funding.
- 3. Has suitable training for working with and experience of this population/context.
- 4. Does not have funding from their employer, a grant or elsewhere and would otherwise be self-funding.
- 5. Is able to meet the Good Practice Guidelines <u>mindfulnessteachersuk.org.uk/pdf/teacher-</u> <u>guidelines.pdf</u> to be listed on <u>ACCESSMBCT</u> or the <u>UK Teachers Listing</u> as an MBCT teacher, or are eligible to be listed, and are considering applying.
- 6. Is willing to make a commitment to working with the OMC post-Summer School on widening access and working with diverse and/or vulnerable populations. This could include communicating through OMC media/social media about the work as an exemplar of good practice in this area.

Application Process

Applicants to submit the on-line form which will require the below information. We recommend you gather all this information before you begin the application process

- 1. Details how you meet criteria 1-6 above.
- 2. A statement regarding your personal motivation to attend the Summer School.
- 3. A written reference, from a sponsor, supervisor or other colleague experienced with your teaching, to be emailed in to <u>eventsadmin@oxfordmindfulness.org</u> at the same time as your on-line submission
- 4. The Summer School is a 5-day experience and we hope all that apply will commit to the full 5 days, you will be asked to advise if this is not possible.

Application Review Process

Applications submitted by to OMC by 14th July 2019 via our on-line process <u>https://www.surveymonkey.co.uk/r/OMCSummer2019</u>

Applications reviewed by the OMC and a panel of colleagues against criteria above.

Applicants informed by 22nd July 2019.

Applicants to confirm their acceptance and register by 26th July 2019

Terms and Conditions

The bursary will cover the Summer School fee in full. Applicants will be responsible for their own accommodation and travel costs. Lunch is provided as part of the Summer School, however no other meals will be provided. Applicants may apply, even if they have already paid for a place on the Summer School, if awarded a bursary their fee will be refunded.